



Asthma Policy

If you require this document in an alternative format please contact office@tssmat.staffs.sch.uk or 01543 472245

Last review date	April 2018
Next Review date	April 2021
Review Cycle	3 Years
Statutory Policy	No
Publication	

Asthma Policy

Rationale

The Trust:-

- ❖ Recognises that asthma is a widespread, serious but controllable condition and the Trust welcomes all pupils with asthma.
- ❖ Ensures that pupils with asthma can and do participate fully in all aspects of school life, including art lessons, PE, science, visits, outings or field trips and other out of hours school activities.
- ❖ Recognises that pupils with asthma need immediate access to reliever inhalers at all times.
- ❖ Keeps a record of all pupils with asthma and the medicines they take.
- ❖ Ensures that the whole school environment, including the physical, social, sporting and educational environment, is a favourable one to pupils with asthma.
- ❖ Ensures that all pupils understand asthma.
- ❖ Ensures that all staff, (including supply teachers and support staff), who come into contact with pupils with asthma know what to do when someone has an asthma attack.
- ❖ Understand that pupils with asthma may experience bullying and has procedures in place to prevent this.
- ❖ Will work in partnership with all interested parties including the Trust's governing body, all Trust staff, school nurses, parents/carers, employers of Trust staff, doctors, nurses and pupils to ensure the policy is planned, implemented and maintained successfully.

Asthma Medicines

Immediate access to reliever medicines is essential. Pupils with asthma are encouraged to take responsibility for their reliever inhaler as soon as the parent/carer, doctor or asthma nurse and class teacher agree they are mature enough. They are stored in their own tidy trays and are taken with them when working in other areas of the school. The reliever inhalers of younger children are kept in an accessible place in the classroom.

Parents/carers are asked to ensure that the school is provided with a labelled spare reliever inhaler. The office will hold this separately in case the pupils own inhaler runs out, or is lost or forgotten. All inhalers must be labelled with the child's name by the parent/carer.

Parents/carers are asked to check the condition and expiry date on both inhalers at the beginning of each half term.

Trust staff are not required to administer asthma medicines to pupils, (except in an emergency), however many of the staff at this Trust are happy to do this.

Trust staff who agree to administer medicines are insured by the local authority when acting in agreement with this policy. All Trust staff will let pupils take their own medicines when they need to.

Record Keeping

At the beginning of each year or when a child joins the school, parents/carers are asked if their child has any medical conditions including asthma on their enrolment form.

Exercise and Activity, PE and Games

Taking part in sports, games and activities is an essential part of school life for all pupils. All teachers know which children in their class have asthma and teachers at the Trust are aware of which pupils have asthma from the Trust's asthma register. Pupils with asthma are encouraged to participate fully in all PE lessons.

Out of Hours

There has been a large emphasis in recent years on increasing the number of children and young people involved in exercise and sport in and outside of school. The health benefits of exercise are well documented and this is also true for children and young people with asthma. It is therefore important that the Trust involves pupils with asthma as much as possible in after school clubs.

School Environment

The Trust does all that it can to ensure the school environment is favourable to pupils with asthma. The Trust does not keep furry or feathery animals and has a definite no smoking policy. The Trust does not use chemicals in science or art lessons that are a potential triggers for pupils with asthma.

When a Pupil is Falling Behind in Lessons

If a pupil is missing a lot of time at school or is always tired because their asthma is disturbing their sleep at night, the class teacher will initially talk to the parents/carers to work out how to prevent their child from falling behind. If appropriate, the teacher will then talk to the school nurse and special education needs coordinator about the pupil's needs.

The Trust recognises that it is possible for pupils with asthma to have special education needs due to their asthma.

Asthma Attacks

All staff who come into contact with pupils with asthma know what to do in the event of an asthma attack.

In the event of an asthma attack the Trust follows a clear procedure visibly displayed in the first aid room and in every classroom throughout schools.

Access and Review of Policy

A copy of the Asthma Policy will automatically be given to all parents/carers who have informed the school their child has been diagnosed with asthma.

The Asthma Policy will be accessible to all parents, staff and the community through the Trust's website. Hard copies can be obtained through the school office. This policy will be reviewed on a three yearly cycle.

Dear Parent\Carer

Asthma Care Plan

We are committed to providing quality care for children with asthma. You will be pleased to know that this Trust takes its responsibilities to pupils with asthma seriously and that the Trust has an Asthma Policy to enable all staff members to help your child manage their condition.

To ensure your child receives the best possible care at all times, we ask you to assist with the following:-

- ❖ Complete the asthma care plan, (if you are in any doubt about the treatment, please take the form to your doctor or asthma nurse for completion).
- ❖ Sign the declaration form.
- ❖ Inform school immediately of any change of treatment, (when appropriate).
- ❖ Ensure your child has a reliever, (blue), inhaler for use in school (and a spacer if this is the usual method of delivery), as well as a home inhaler. School inhaler to be kept in school please during term time.

Please complete even if your child has no symptoms at present and only has a history of asthma. We still need this information. If you have any questions, or wish to see a copy of the Asthma Policy and procedures, please contact myself or the School Nurse. Thank you for your co-operation in this important matter.

Yours sincerely

MR P J LOVERN
CEO

.....
The Small Schools Multi Academy Trust

I (parent/carer's name) confirm that my

Child..... is :-

a *Able to take responsibility for the administration of their own reliever in school (blue) inhaler when required*

or

b *Unable to take responsibility for the administration of their own reliever inhaler (blue) and will require assistance from parent\carer during school hours*

Signed (parent\carer) Date.....

Asthma Care Plan

All parents/carers of children with asthma are consequently sent an Asthma UK *School Asthma Card** to give to their child's doctor or asthma nurse to complete. Parents/carers are asked to return them to the school. From this information the school keeps its asthma register, which is available to all school staff. *School Asthma Cards** are then sent to parents/carers of children with asthma on an annual basis to update. Parents/carers are also asked to update or exchange the card for a new one if their child's medicines, or how much they take, changes during the year.

Child's nameDate of Birth.....

Address.....

.....

Telephone NumberMobile

Emergency contact number.....

GP Name Telephone No.....

Regular treatment to be given during school hours

Name of medication	Dosage	When to be taken

Reliever medication to be given as required

Name of medication	Dosage	When to be taken

Treatment to be taken before exercise

Name of medication	Dosage	When to be taken

Asthma Triggers (if known)

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***Copy to School Nurse (date) * To be sent by school**